

UNIT TITLE: STRUCTURED DANCE: BELLY-DANCING
CURRICULUM AREA(S): LEISURE AND RECREATION
DATE OF VALIDATION: 19-08-2009

UNIT DESCRIPTION: In this practical unit the student will develop the skills necessary to learn a given range of original belly-dancing manoeuvres, under professional instruction. She will put these together in order to carry out a short belly-dance routine.

PROCEDURES FOR MAKING AND RECORDING ASSESSMENTS: Assessed by the session worker by means of observation (1-8) and inspection (9). All assessments recorded on an AQA Summary Sheet.

LEVEL: Entry Level

NOTIONAL LEARNING TIME: 10 hours

OUTCOMES TO BE ACCREDITED

In successfully completing this unit the student will have demonstrated the ability to

1. attend punctually a minimum of five belly-dancing sessions;^2. follow instructions given by the belly-dance teacher;^3. join in and warm up before each belly-dancing session;^4. perform at least three specific posture and foot techniques;^5. perform at least three specific posture and mid-body rotation techniques;^6. perform at least three specific posture and upper body and shoulder techniques;^7. perform at least three specific positioning and arm techniques, eg waving, snake;^8. incorporate all learned moves into a short belly-dance routine in front of peers;^9. complete an evaluation about the belly-dancing sessions.~

EVIDENCE TO BE OFFERED

Session worker completed checklist (1-8), itemised (1,3-7)^For outcome 1 checklist to be itemised into five parts to cover the 5 sessions attended^For outcome 3 checklist to be itemised into two parts to cover joining in and warming up at each session attended^For outcome 4 checklist to be itemised into three parts to cover 3 posture and foot techniques^For outcome 5 checklist to be itemised into three parts to cover 3 posture and mid-body rotation techniques^For outcome 6 checklist to be itemised into three parts to cover 3 upper body and shoulder techniques^For outcome 7 checklist to be itemised into three parts to cover 3 positioning and arm techniques^Copy of student completed evaluation (9) ^